



## "THE IMPORTANCE OF COMMUNITIES FOR CORE ENERGETICS"

*lecture*

**by Anna Timmermans**

Communities are an import aspect to all spiritual work and approaches. From ancient times till now people have created circles and an energy field. This is a necessary aspect for the individuals to be carried to a next level of consciousness. Although we are a modality in the field of body-psychotherapy but our transformation work that goes transpersonal needs this field.

### **biography**



ANNA TIMMERMANS, she is having LICSW, CBT and ECP. She is director of Netherlands Institute of Core Energetics (NICE). Since 1982 she is a methods teacher and has her own practice. Anna is certified by the European Certification of Psychotherapy. She followed the Bio Energetics Analysis training and is trained in Core Energetics by John Pierrakos. She is co-owner of Cordium, center for growth and development in Nijmegen. Anna teaches also in Mexico, New York and California. Her passion is to train Core Energetic therapists and to develop Core Energetics as an autonomous method of therapy in the Netherlands.

