



" THE CREATIVE AGGRESSION IN CORE ENERGETICS "

workshop

by Rupperto T. Lorusso

In this workshop i will show you how to work with anger and rage in core energetics and how to discharge it in the body, using the "Creative Aggression". Participants will see how to express very deep anger and rage and then come into their deep level of softness and tenderness and to the next step of their heart and love. I worked with Geaorge Bach, the world founder of Creative Aggression Therapy. Then I introduced this work into the core energetics field with the appreciation and conviction of John Pierrakos.

biography



Rupperto T. Lorusso, MD, physician and psychotherapist, specialist in psychosomatic medicine. Was one of the DGK founder, specialist in Gestalt therapy with L.Perls and I.Fromm, and specialist in Creative Aggression Therapy with George Bach. He was John Pierrakos's friend and collaborator. Was the founder and director of the Core Energetics Institute Berlin. Founder and director of the Italian Institute of Core Energetics (from 1996 to 2014). He also teached Core around the world.

