



## " HOW TO USE THE PENDULUM "

*workshop*

**by Pam Chubbuck**

I learned how to use the pendulum from John Pierrakos in the 70s when he was first discovering its usefulness for measuring chakras to diagnose character structure to better assist clients. Later as a student at BBSH, Barbara Brennan expanded on John's work and I became an enthusiastic advocate of its use. I was sad to learn that many Core Energetics graduates did not learn how to use a pendulum, & if did, forgot how. This will be experiential. Please bring a pendulum with you! Best/easiest to use, is made of light wood shaped like a tear drop, or ball.

### **biography**



Pamela L Chubbuck, PhD, LICSW, LPC, CEEP, CBT and Certified BBSH. Pam personally worked with and loved John Pierrakos for 32 years. A CCEP, and CBT, having worked with Alexander Lowen, and is one of the first graduates of BBSH school of Healing. She is Director of Vitally Alive Core Energetics South, a past director of a Healing school in Mexico, and an International teacher and supervisor of Core Energetics students and graduates. Author and peace activist, Pam is a grandmother of 9 and a great grandmother of 5.

